The Queensland Psychoanalytic Psychotherapy Association Inc (QPPA) is a professional association which represents psychoanalytic psychotherapists in Queensland.

It is a member organisation of the Psychoanalytic Psychotherapy Association of Australasia (PPAA).

For further information about the QPPA and other training and professional development, please visit our website:

www.qppa.com.au

Application Requirements

- Current registration either with AHPRA or membership with an appropriate professional organisation
- Current professional indemnity insurance
- A minimum of three (3) years postgraduate clinical experience
- Names of two (2) professional referees
- Applicants need to have access to suitable cases for the clinical component of the course.

Applications from remote / nonmetropolitan areas are encouraged.

Closing date for applications:

Friday 3rd November 2023

Contact Us:

For further information about the course, please contact the Chair of the QPPA Training Sub-Committee:

Dr Peter Hengstberger Tel: +61 413 747 061 Email: <u>phengstberger@me.com</u> Queensland Psychoanalytic Psychotherapy Association Inc. (QPPA)

Applications are invited from interested professionals to apply for our

ONE YEAR INTRODUCTORY COURSE 2024:

CLINICAL FOUNDATIONS IN PSYCHOANALYTIC PSYCHOTHERAPY



The QPPA offers intensive clinical training in adult psychoanalytic psychotherapy. Completion of the training provides the foundation for a lifelong development as a psychoanalytic psychotherapist. The training is open to professionals from various disciplines including Psychiatrists, Psychologists, Social Workers, General Practitioners, Counsellors, Nurses and others.

Clinical Foundation Year Course

This is a *12-month stand-alone introductory course*. The course is a basic introduction to the clinical foundations of the practice of psychoanalytic psychotherapy.

It consists of theoretical and clinical group seminars, plus individual supervision of clinical cases.

On completion, participants may decide to progress further to apply for the *QPPA Full Clinical Training Program.*

The aim of this 12-month course is to introduce interested professionals to the key underlying principles of psychoanalytic psychotherapy.

This course will help establish a framework for professionals so they can better understand and meet the needs of their patients.

By the completion of this course, professionals will:

- Develop a knowledge of the broad theoretical concepts underpinning psychoanalytic psychotherapy including the major theorists.
- Understand the fundamental theoretical principles of Psychoanalytic Psychotherapy Practice including the Frame, Assessment, the Management of the Therapeutic Process and Endings.
- Develop a capacity to adopt a psychoanalytic stance and begin to apply Theoretical Principles of Practice to their own clinical practice.
- Emphasise the lifelong development of a psychoanalytic psychotherapist and the need for ongoing supervision and professional development.

A Certificate of Completion will be provided to all who successfully complete the course.

Fees

Fees for the seminars are currently \$800.00 per term payable to the QPPA. Fees are payable at the commencement of each term. Individual supervision fees will be an additional cost to be negotiated with the supervisor.

Course Structure and Format

The Clinical Foundation Year Course will commence in January 2024. The course will run over four 10-week terms during the year, approximating the QLD public school terms.

All successful applicants will be expected to attend a one-day workshop in-person in Brisbane at the beginning and again at the end of the course.

The course includes the following components:

- 1. Theoretical Seminars
- 2. Clinical Seminars
- 3. Individual Supervision
- 4. Two x 1-day workshops (face to face)

The *Theoretical and Clinical Seminars* will be facilitated by two trained QPPA psychoanalytic psychotherapists.

Both seminars will be held on a weekly basis on Tuesdays 6:30 pm - 8:30 pm.

Details of the venue for the seminars either in person or via videoconferencing will be confirmed prior to commencement of the year.

Individual supervision with an approved supervisor to be arranged separately by the applicant.

