



ACPP
Australasian
Confederation of
Psychoanalytic
Psychotherapies

a leading voice to advocate for psychoanalytic psychotherapy

The **Confederation's primary purpose** is to **build public awareness** of the **value** of **psychoanalytic psychotherapies** in:

- *maintaining mental health and treating psychological problems,*
- *developing strong links between mental health research, clinical care and public policy service reform.*

ACPP is the peak professional association, specifically representing the profession of psychoanalytic psychotherapy. The organisation is made up of four founding member institutions which are training and professional associations and accrediting bodies in their own right. They are:

- **Australian Association of Group Psychotherapy [AAGP]**
- **Australian and New Zealand Society of Jungian Analysts [ANZSJA]**
- **Australian Psychoanalytic Society [APAS]**
- **Psychoanalytic Psychotherapy Association of Australasia [PPAA]**

Individual psychoanalytic psychotherapists are members of these organisations.

ACPP's mandate is to:

- *promote and advocate for excellence in psychoanalytic psychotherapy thinking;*
- *make psychoanalytically informed work routinely available as a treatment and as an essential aspect of the mental health delivery model in Australia to anyone with emotional distress, whatever their gender, sexuality, ethnicity, disability or income;*
- *ensure the credentials, governance, professional standards and minimum training requirements by all in the profession and to meet the high standards of regulatory bodies such as AHPRA.*

A place for a forum to educate the public and inform the profession

A key service is the provision of information to educate interested persons on the nature, value and benefits to the Australian community of contemporary psychoanalytic psychotherapies. Our website provides a forum for information, debate and exchange of ideas about the various modalities, and the world of psychotherapy and mental health. It enumerates continuing professional development events across Australia in this field. An Annual Conference will bring together national and international organisations with similar aims and interests.

Authoritative and influential ambassador –

– for the psychoanalytic psychotherapy domain to raise awareness and advance a scientific, evidence based practice amongst mental health practitioners and consumers.

Whilst not the only representative, the Confederation will be working, at the same time, in communicative dialogue and collaboration with other organisations.

Confederation has made significant submissions to, for example, Federal Minister for Health on severe mental illness, Senate Standing Committees, the National Mental Health Commission and the Royal Commission into the Victorian mental health system (see acpp.org.au/submissions).

How the Confederation operates....

It is governed by a Constitution and the Board of Directors is comprised of two representatives from each of the member institutions. The strategy and management of the Confederation is the responsibility of the Board of Directors which meets every month.



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